

Name:

Date Assigned:



FUNDAMENTAL MOTOR SKILL: CATCHING

ACTIVITY: *Musical Balls*¹

Description: Children are arranged in a circle and pass around a ball while music plays; once the music stops, the child with the ball earns a point; first to 5 points wins.

Adaptations for Wheelchair Users:

- Children who are using wheelchairs can participate in this game by joining the circle in their wheelchair.

Number of participants



3 or more

Video/picture coming soon:



Skills

Physical: reaction time, fine motor skill, upper limb coordination

Cognitive: selective attention, visual processing

Social: turn taking

Equipment

- Ball

Goal examples:

- The child can accurately pass the ball 8 out of 10 times from 2m away.
- I can show that I am ready to catch the ball before it is thrown.

My personal goal:

Next Assessment Date:

¹ Therapy Source: <https://txsource.com/2016/08/11/2637/>

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FUNDAMENTAL MOTOR SKILL: CATCHING

ACTIVITY: *Musical Balls*¹



Wheelchair friendly?

Yes

Modifications

To make the activity easier	To make the activity harder
Change the environment	
<ul style="list-style-type: none">Have the children sit closer together to decrease physical and cognitive demand	<ul style="list-style-type: none">Increase the space between children to increase physical and cognitive demand
Change the task	
	<ul style="list-style-type: none">Have children pass the ball across the circle to increase physical and cognitive demand
Change the equipment	
<ul style="list-style-type: none">Use a bigger ball to decrease physical and cognitive demand	

¹ Therapy Source: <https://txsource.com/2016/08/11/2637/>