



Motor Skills Progress Chart- Animal

Bear= 1, Frog= 2, Rabbit= 3, Raven= 4, Caribou= 5

Child's Name: _____

Coach's Name: _____

Motor Skill	Date of Check-in			
Balance (Static)				
Jumping				
Balance (Dynamic)				
Hopping				
Skipping				
Galloping				
Ball Rolling				
Underhand Throw				
Catching				
Overhand Throw				
Striking				
Bouncing				
Dribbling				
Running				
Kicking				
Punting				

Fill out the form using the Motor Skills Check-in Cards. If skill(s) were not addressed, place "N/A" into the corresponding cell above.